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Cornwall Councillor
Cornwall Councillor

INFORMER

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ST KEYNE VILLAGE HALL

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St Keyne & Trewidland Informer



No. 7
May 2025



Jess Lethbridge



Trewidland Village Hall

www.trewidlandhall.wixsite.com

Wow!! Haven't we been so lucky with the weather recently? It's been glorious in the sunshine and so lovely to see the primroses in abundance this year. I don't think we've ever had so many popping up

all over the drive. Not only that there were more daffodils in the village thanks to the bulbs which were donated to the village by the Parish Council and St. Keyne Garden Club and planted by Katie Jackson - Turner and Caroline Carver. Anyway, when you read this, I hope it is sunny too as we do seem to have been spoiled very early this year.

So, to hall business, for those of you who don't know I am the secretary, treasurer and event organiser for Trewidland Village Hall. The latter help to pay for the ongoing maintenance which is currently a new panel for a smashed window at the front of the building and 2 new pvc fire doors totalling £3,000 +. We are very lucky that we have volunteers who carry out work for us during the year and our thanks go to Steve Jackson -Turner for carrying out the thankless task of clearing the gutters and removing vegetation growing into them. Thank you, Steve, and also thank you to the mystery donor of the plants in the planters outside the hall doors.

Since we last spoke, the hall had a Curry and Skittles evening which was very well supported and we made over £200 profit, double what was made last year. Many positive compliments were received, after the event, so we shall be continuing this next year, although I shall be writing down all the different types of food ordered with the names of the people beside them rather than the names of the people with their individual orders as this will save time when the food arrives. The Village Quiz was held in March raising nearly £300 for hall funds and was equally well attended and a fun evening was had by all. Many thanks to Denise Tizzard and Karen Deane for providing food which helped raise more money. Please don't be put off by the title "Quiz". I often speak to people who say, "I don't know anything!" but neither do I. There's always something for everyone and you'll be surprised by the knowledge you do have stored away at the back of your mind which you didn't know you knew. It happens to us all and anyway it's all just a bit of fun; a chance to meet others and have a laugh. Speaking of which, the next Quiz is May 17th at 7pm. It's £2.50 per person and we always have a raffle so if you have anything suitable, please bring it along when you come. The week before 10th May we have a first for Trewidland, well as far as I know. Think Isle of Man TT; we have the TTT&T – the



The wildlife friendly garden



I had to think of what to write about for this edition of the Informer.

You may think I am a tree hugger when it comes to grubs and bugs in the garden, I really am not. My pet hate are vine weevils.

They usually don't cause much damage in the garden, unless you grow plants in containers, like I do.

The weevils themselves feed on leaves, not causing the plants much damage. But in late summer and autumn, the vine weevils, who incidentally are all female, lay their eggs in the soil of the plant pot. They are so small, that it is almost impossible to see them and remove them. The eggs develop into little fat white grubs which will feast on the roots of the plants in your pots and containers. This happens between September and March. The container growing plants rarely survive. Needless to say, the vine weevil has no redeeming features, or has it?

Would nature allow something to exist, that has no purpose? Here comes the good bit, natural enemies of the vine weevil, other than myself that is.

Ants and earwigs like to feast on the grubs and weevils, parasitic wasps are also predators of weevils. However, the most effective predators of the weevils are shrews, hedgehogs and various birds such as Song Thrush, Skylark, Pheasant and Partridge. This is all well and good in the rest of the garden, but in pots and containers, predators are few and far between.

There is help in the form of chemicals that you water into the soil of your containers to kill the grubs. I am not one to use pesticides lightly, but have been known to water my pot growing ornamentals with it. However, as I also grow edibles, chemicals are not appropriate. There are various biological options available in the form of nematodes. They also get watered into the soil of the pot or container, but unlike chemicals, are not harmful to anything but the vine weevil grubs. The nematodes are little worm like organisms that enter the grubs and eat it from the inside out, not nice, but it is the difference between a dead plant or a thriving pot plant.

As for the grubs in my garden soil, I leave them to the natural predators to deal with.



Patricia Hopwood



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Trewidland Treasure Trail and Tea (no motorbikes involved though) Meet in the hall at 2pm, where you will be given a map of the village (small versions will be available to take away so you can tell the DPD or Evri man/person where to go?!) Using a list of what3word clues plot the points on the map and then go in search of letters in jam jars hidden about the village. Once you have written down the letters in the boxes provided on your sheet return to the hall for tea and cake and work out what the letters spell out. There will be prizes for those who solve the clues. It is not a race and if you'd just like to turn up for tea then please do.

Before I finish with the main event, I'd like to mention the success of the biweekly badminton and table tennis sessions which I wrote about in the last Informer. We have had a great turnout from the village and met people we've never seen before, which has been lovely. Thanks to this we have acquired a dart board, bought new darts, 2 new badminton racquets and a large box of biscuits! Oh and also raised over £100 profit for the hall. Do come along, if you haven't done so already, all ages are welcome and definitely all abilities AND there's free biscuits!

The main event in the calendar this year though is the Trewidland Summer Fayre July 5th from 11am to 4pm. It will be held in the garden and field at Lowen adjacent to the Village Hall. There will be a Dog Show, which will be judged by Head Vet Nurse, Nicole from Ellis Vets in Liskeard and our very own dog trainer Kym from Keltic Kymber, who uses our hall weekly. We have a traction engine coming, our local steel band will be performing and there will be a variety of craft stalls; pottery, stained glass, ironwork, crochet, painting and decoupage to name a few. Looe RNLi and Looe Valley Plants will also have stalls. Alyce's Faces in Wonderland will be face painting, Millie's will be providing barista coffee and home-made cakes and Smashems are bringing burgers and loaded fries. There will also be a variety of different game stalls which I would be grateful if villagers could volunteer to run. I have the ideas and can source the equipment but cannot do it all on my own. I am grateful to those who have already offered their help with this. I would like to thank Stu Houghton for his help with the logistics of setting up the event so far and also Dobwalls Parish Council for loaning us their marquees.

Parking may be difficult, but we have secured extra space thanks to Tony Brown at Browns Nurseries and if the weather is good the field at the end of the village too. I am awaiting a reply from the school as I type this so fingers crossed we may have space there too by now.

If you would like to run your own games stall and donate a percentage of the profits to the hall you would be welcome to. Other events that will take place during the day include Welly Wanging and Tug o' War (we are awaiting confirmation from Liskeard Young Farmers of their involvement as I write this.) If you know anyone who could provide us with any prizes or you think would like to take part, please contact Nicky Fairey 07764846658 or nicky_faurey@hotmail.com.





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Jess Lethbridge National Supreme Champion

Living in a very horsey parish, most people have more than likely come across me and my horses either from me leading them up the roads, sporting their brightly coloured tack or hearing me attempt to tiptoe my shod horse through Trewidland on first light trying to fit in an early morning training session before work (sorry!!)

I was asked to write about my hobby although I think it's become a bit more than that recently. I compete my horses in long distance endurance riding which is possibly the most friendliest and inclusive of all equestrian disciplines. Distances vary from 16km (10miles) to 160km (100miles) and you need to meet certain easily achievable speed parameters whilst getting your horses heart rate as low as possible and trotting up sound for a vet (constant checks are done throughout) You learn your horse inside out doing this sport, what works, what doesn't, what they like, what they don't. Any horse can do endurance at low levels and you can progress up through if you want. I began, aged 10, with my brothers outgrown hairy Welsh pony trotting round our local competitions and now, years later with my current horse, we have been to places you can only dream of! Together we've represented England, we've achieved a 2 day 164km competition, ridden as a GB combination in Windsor park in front of the King and other royals and, 2024 saw us achieve National Supreme champion. I'm lucky to have an exceptional horse who's determined, competitive and even more temperamental than me but it's the opportunities you can get. I'd tell anyone with a horse to give endurance a go



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ST KEYNE CLUB



If you're new to the village, or even if you've been here some time and haven't got round to it yet, why not pop in to your local Club? We stock keenly-priced draught real ale, cider and lager, bottled ciders and beer (including low alcohol), a selection of wines, gins and a wide range of other spirits, soft drinks and snacks as well.

Free **WiFi** is available. Well-behaved dogs welcome. All major credit/debit cards accepted.

As we are a members' club, the terms of our licence mean that you need to be a member or the guest of a member to use the facilities - but it's free to join, so just call in during opening hours and ask for an application form.

OPENING TIMES

Friday - 8pm to 11pm

Saturday - 8pm to 11pm

Sunday- 1.30pm to 5.30pm



Please note that these times are subject to staff availability and may be subject to short-notice change. We wish to remind parents that children under 16 are not allowed in the club unaccompanied

Annual Cream Tea
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What is Messy Church St Keyne?

Messy Church is **a form of church for all the family, both children and adults that involves, creativity, celebration and hospitality.**

"It is Church, but not as you know it". You will be warmly welcomed. It is Christ-centered and helps people to encounter and enter into a transforming relationship with Jesus. There will be opportunities to be creative through themed art and craft activities, games, songs, a Bible story, refreshments and a shared meal. Attendance is free but donations are gratefully received.

Where is it happening?

Messy Church currently takes place usually 6 times a year in **St Keyne village hall** or Jubilee Park (summer months) on a Wednesday afternoon during the school holiday periods throughout the year. It is run and organised by members of the parish church in St Keyne.

When is it happening?

The next Messy Church sessions of 2025 will take place on **Wednesday 28th May 2025 during Half Term week from 3-5pm in Jubilee Park (weather permitting, or otherwise in the Village Hall) below Valley View Housing Estate.**

Look out for the banner nearer the time outside the village hall.

For more information please contact: Lambrini Featherston Tel: 07919 460380

Email: lambrinifeatherston@gmail.com



Interesting Hobbies



I started building models when I was a kid in sunny Scotland. Never really cared how they turned out, as I would hang them around my bedroom ceiling.

I grew up and got a job, and life took over and I stopped building. When I joined the RN in 1987 I started to buy models again, but never seemed to have the time to build any.

I got married in 1990 and my wife has always told me I was a model collector not builder!

About 6-7 years ago I started this model in the pictures. But got really scared to paint it in case I made a mess! So it just sat on the shelf looking a bit sorry!

Well about 6 months ago I took the plunge and decided to have another go! So got set up in the conservatory, at the dining table and started the model again!

I was once told by a fellow modeller, 'not to think about what others think, it's your hobby and as long as your happy, nothing else matters!'

I think that it's come out very well and I'm very happy with it.

I used to be in the RN working on Sea King Helicopters, so my next project on the bench is an aircraft I actually worked on at RNAS Culdrose.

A Sea King HAS5 (Helicopter Anti Submarine) Mk5. Serial number XV666.

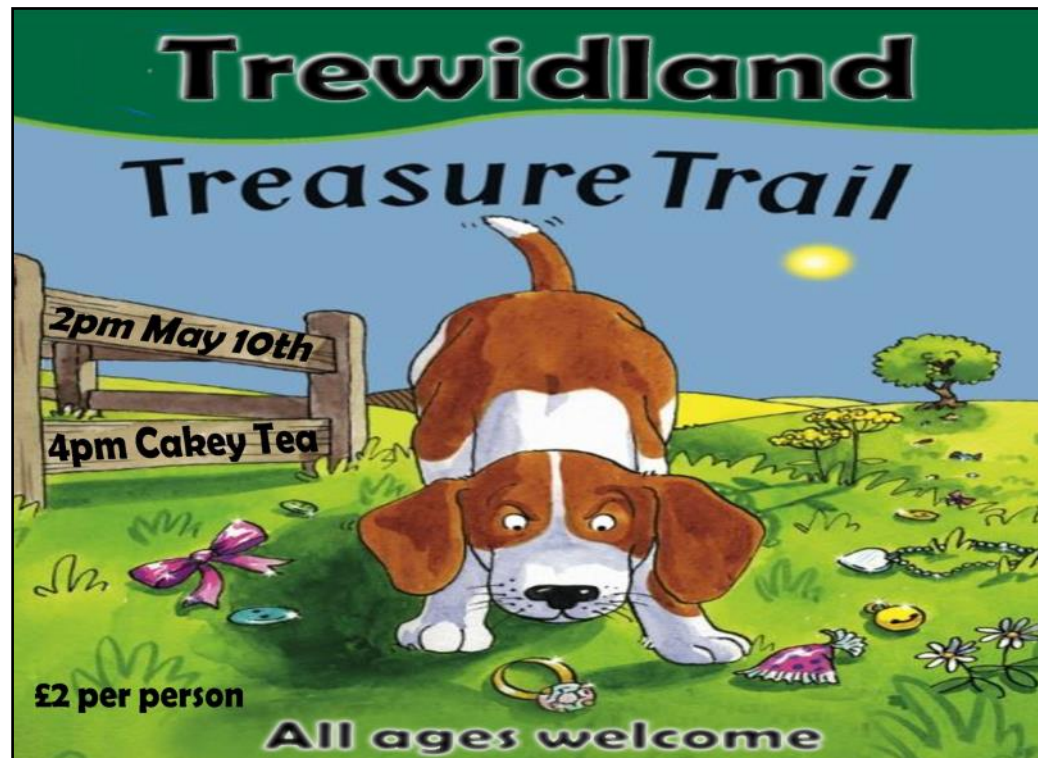
If you're thinking of starting a hobby, just remember, it's supposed to be fun, and don't overthink it!

Hope you liked my little story and maybe I've made you feel you want to start building models or something else, let me say this, just do it!

And I'm happy to talk to anyone interested in my hobby to help you get started!



By Steve Gilchrist



Church News



I was going to start off by saying that St Keyne Church's main news is the installation of our new toilet facilities and small kitchen area, but of course the main news was our celebration of the Resurrection of Jesus at Easter!

Returning to our plans to bring St Keyne Church into the 21st Century (or some would say the 20th Century), DCL, our contractors should have started by the time you read this. As the work includes revolutionary ideas like providing running water, we are afraid that will involve the closing of the road for a short time to connect to the mains. The main gate will be out of use and so access will only be via the side gate during the time the work is being carried out. Apologies for any inconvenience caused.

The church will still be open for services on Sundays at 9.30 am:

- 1st & 2nd Sundays in the month: Morning Prayer
- 3rd Sunday: Holy Communion with our Vicar, Rev Mark Wade
- 4th Sunday: Café Style Service
- 5th Sunday : Benefice Service at St Martin's Liskeard.

Please feel free to join us. Once the works are over, also please feel free to pop in at any time.

Another date for your diaries:

Sunday 29th June – **Cream Tea** at Cross Parks, kindly hosted by Sharon & family.

Messy Church continues to take place six times a year, usually on a Wednesday afternoon during school holiday periods. Look out for the next one, as usual organised by Lambrini Featherston, contact: 07919 460380 lambrinifeatherston@gmail.com

We are still missing Margaret Smee who carried out so much work for St Keyne Church, including writing the quarterly article for the Informer. She has moved from Liskeard Hospital to residential care in Saltash.

Rev Mark Wade's contact details: 01579 683089 , 07359725662
Revmark@smartchurchliskeard.co.uk

Paul Ward

Close



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A Farewell from Cornwall Councillor Armand Toms

Dear All,

This parish is a joint area and I share this with Councillor Jane Pascoe. I must say working with her has been a pleasure. She is confident and has supported me during this time as well as doing a lot of excellent ward work. I wish her all the best for the forthcoming elections and ask people to support her.

To John Hesketh your clerk, a quiet man who displays confidence in the way he leads the council and an assured manner, making sure all understand of the decisions that need to be made, especially planning.

Can I say that the Chair of this parish both Sally and Kevin have done a great job in leading the council. I will remember the excellent presentation Kevin made to the planning committee as it was well presented and covered the issues so clearly.

The Parish Council has been forceful in its way of persuading Cornwall Council Highways and Vision Zero about accidents in the parish. Can I say that Councillor Sarah Whiting the manner you worked on this was exemplary and from me a thank you.

Your presence on social media is continuing to expand thanks to the good work of Patricia. To all councillors thank you for being the eyes and ears on the ground for me it has been a pleasure working with you and for you. Please all consider standings in the elections as your combined experience makes the difference to the joint parishes.

For me it is retirement and the opportunity of working for my family and having time with my grandchildren. I promise I will always be available to help with working for the community with litter picking, grass cutting and community events. Can I lastly thank the community for the kindness shown to me over these four years, I will miss my work and the people I have served. I ask that this note is published in the minutes and the parish magazine as these thanks to you should not go unnoticed.

Armand Toms
Cornwall Councillor retired



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The Gardening Year

Leigh's seasonal tips and things
to do in the Garden



Now is a perfect time to be thinking about planning a hanging basket for summer colour.

Choose your basket and consider the liner which will help retain moisture and stop the compost falling out. The liner can be coir, moss or even an old plastic bag as long as you have some drainage holes punched in it.

Come along to the garden club plant sale on the 17th May and purchase a selection of plants appropriate for your

basket.

Prepare the basket by inserting the liner and trimming any excess, it's always easier to do this by placing your basket on a bucket on a stable surface.

If you are planting through slits in the side add a small amount of good quality compost to the bottom, ideally this will have had water retaining granules and slow release fertilizer added. Then start to gently push the plants through the slits from the inside, firming the compost and adding more as you work your way to the top.

Finally plant around the rim, water thoroughly and protect it until you are sure the last frosts have passed. Then you can hang it securely and enjoy through the summer. Don't forget to dead head the plants to keep them blooming and water frequently.



Kid's Corner

Grow your own!

The Parish Council has funded a small grow bag for each primary school age child in our Parish and Trewidland School.

You can pick up your grow bag and seeds for free on the 6th May between 3pm and 4pm at St Keyne Village Hall and Trewidland Village Hall.

We will arrange a small results show in late August, early September. Details and entry form will be published in the August edition of this magazine. Also please keep an eye out on FB for any updates



There will be a choice 2 seeds of each, 2x courgette, 2x tomatoes, 2x cucumber and 2x sunflower

First of all, the grow bag needs to be filled with 10 litres of water to expand. Please follow the instructions on the bag.

Then plant your seed in the compost of the bag, keep moist and in a sunny place outside.

Take photos of your plants as they emerge from the compost and make a little plant growing diary.

Take a photo of the vegetables on your plate and maybe the recipe you or your family used to cook the vegetable.

Good luck growing your own!!

Answers to the Quiz in Informer No.6
1. Trewidland Village Hall,
2. During April, 3. It is harmful to livestock, 4. Seeds

St Keyne Big Breakfast



Our Big Breakfasts (or lunch or brunch) are held in the Village Hall on the first Saturday every two months from 10.30am to 1pm and the next one will be on June 1st.

All the food is freshly cooked during the morning by our band of volunteers and the cost for the hot meal includes as much toast, tea, coffee and fruit juice as you want. Please just ask if you would prefer vegetarian sausages and be assured that all the individual items are cooked separately. The full breakfast still costs just £7 (small £4) but we will negotiate the price for smaller or bigger plates if required.

We have regular visitors from around the area - from Liskeard and Looe and local villages - as well as from our immediate community.

All the profits from each event are passed on to the Village Hall Management Committee to maintain and improve the facility.

We hope you will be able to join us very soon.

Proposed dates for 2025 are: 7th June, 2nd August, 4th October and 6th December, so please make a note in your diaries and come along and join us.

Sally Lewis

August Informer deadlines
All adverts and articles to be submitted by
FRIDAY 18th July 2025!
Email: Informer@stkeynetrewidlandpc.org.uk
Next publication date
2nd August 2025



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ST KEYNE GARDEN CLUB



After the AGM and a fantastic club lunch in February normal monthly meetings started again in March.

Caroline Stone gave us a very informative talk about paeonies and her national collection. She was missing an old variety and luckily one of our members was able to help her out so she can now add it to the collection.

April was all about primulas and epimediums and our May meeting will be on May 15th. The very entertaining George Kestell will be bringing 'A bucket full of flowers' and sharing his thoughts on them. All meetings start at 7.30pm in the St Keyne Village Hall with a raffle and refreshments. New members are always welcome.

The garden club has decided not to run a produce show this year but if anyone is interested in organising a village event that it could become part of please let us know.

A date not to be missed is the annual plant sale. May 17th, 10am. We always have a good selection of plants from members own gardens and also a wide variety of bedding plants sold at reasonable prices. We are very lucky that Browns Nursery always show their support for this event. There will also be refreshments and delicious cakes to buy.

Leigh Woods





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Traditional Wado Ryu & Kobudo*



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newer orchard with beehives dotted about under the trees. Our first sight in the yard was a row of apple pits this is where the apples are tipped from the arriving lorry loads. We went on to see the apple press next and were told how the apples were floated on water from the apple pits to the press to save them from getting damaged. At this point there would be a very important member of staff watching the apples head to the press and removing any objects that might also float in. We heard of how on occasions a hedgehog would ride the water in, guess it would be a bit like a water park ride, and have to be gently removed to safety.

The pressed apple juice is stored in huge temperature controlled vats until needed. The site has miles and miles of pipework it's all very impressive, the tour takes you all around the cider making area and right through to bottling and canning.

At the end of the tour we returned to the entrance and shop area where we were greeted by the sight of picnic tables laid up with nibbles and glasses ready for our tasting session.

We took our seats and our host brought around the ciders for us to try, giving us a description of each one as he went. There was quite a variety along with one pear cider and some fruity ciders something for everybody to enjoy.

It was a lovely evening sat in the sun sipping cider and for those of you who are driving or don't drink alcohol they also make some lovely soft drinks.

To sum up the experience I would say that the tour is very interesting and educational and our host was very pleasant and knowledgeable.

Anita Ivey



A tour around Cornish Orchards

A couple of years ago I was lucky enough to win a pair tickets for a Cornish Orchards cider farm tour and tasting. We picked an evening with a good weather forecast and made our booking. Like most of you we have driven past the entrance to the cider farm on the hill up to Duloe but have never actually been in before.



On arriving we were greeted by our host and offered a seat at a picnic table situated in an open fronted stone barn. Our host brought us a couple of glasses and our first cider to sample whilst we waited for the others in the group to arrive.



It wasn't long before the full group were in attendance so our tour could begin.

We headed off down a grassy track towards the old orchard, here we were told all about the history of the cider farm and we got to see all of the old apple trees. We learnt about the family who started the business and the varieties of apple trees that could be found in this orchard.

We moved on a little way down the lane to an area overlooking the lower side of the farm. Here we were told about the encouragement of wildlife conservation on the farm, I guess there's enough apples for all, this area looked like a great home for much wildlife.

Next we wandered towards the main yard, up over on our left hand side we could see a much

Discover I-Doshi Ju Jitsu: A Local Gem for Martial Arts Enthusiasts

By Trevor Wickets

In the heart of Trewidland, the I-Doshi Ju Jitsu martial arts club is a welcoming haven for martial arts enthusiasts of all ages and abilities. Operating out of Trewidland Village Hall, this small but dedicated club meets every Thursday evening from 6:45 PM to 8:00 PM, offering an excellent opportunity for locals to hone their skills in a friendly, community-focused environment.

The club, founded approximately 18 years ago, first began in Callington but quickly found its home in Trewidland, where it has flourished ever since. Its popularity grew under the guidance of Trevor Wickett, a skilled and passionate instructor with a wealth of experience. Trevor's martial arts journey began with Judo, a discipline he practised during his time in the military. Building on this foundation, he advanced to a high level in Ju Jitsu and later expanded his expertise to include Wado Ryu karate, giving him a broad and versatile approach to martial arts instruction.

Over the years, Trevor has mentored numerous students, many of whom have achieved black belt status and beyond. Today, the club's focus has shifted primarily to Wado Ryu karate, self-defence, and kobudo (the traditional Okinawan art of weaponry). Despite his wealth of experience, Trevor maintains a preference for smaller class sizes, ensuring personalized attention for every participant. However, he is always delighted to welcome beginners and encourages anyone interested to give it a try.

The club's first lesson is entirely free, providing a low-pressure way for newcomers to see if it's the right fit. Regular classes cost £6.00 per session, with an annual licence and insurance fee of £30. The inclusive atmosphere ensures that participants of all ages and abilities can join, and children are welcome to train alongside their parents.

The benefits of attending I-Doshi Ju Jitsu extend far beyond the

physical. Members enjoy improved fitness, balance, and concentration, while gaining vital self-defence skills. The club also fosters a strong sense of community and social interaction, making it a rewarding experience for all.

Whether you're looking to build confidence, stay active, or master a new skill, I-Doshi Ju Jitsu is a fantastic place to start. Why not drop by next Thursday and take your first steps on this exciting martial arts journey? The friendly atmosphere and expert instruction await you!



News from Trewidland Primary School



At Trewidland, this term we have welcomed Mrs Amanda Cummings as our new Head of School. Mrs Cummings is working closely with myself as Executive Head of Trewidland. Mrs Cummings says "It's been an excellent start here at Trewidland. I've been working hard to get to know the children and their families and look forward to working with them all as we progress into the next term."

During this term, children in Class 2 have been swimming at The Dragon Centre in Bodmin for a week of intensive swimming lessons. They absolutely loved their lessons and made so much progress.

We continue to build our relationship with Reverend Mark who is coming into school regularly to lead assemblies - one of the children's highlights!

We have just had a new canopy installed for our Early Years children which is looking brilliant. This will ensure our youngest children can have access to play during all weathers.

Cross Country league - we are so proud of our children who have taken part in the cross-country league for the first time this year. They have shown great enthusiasm and resilience taking part in the races. Go Trewidland!

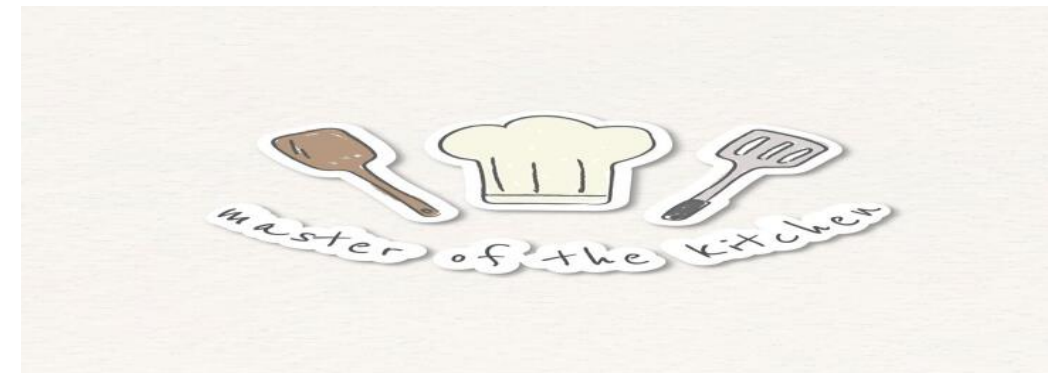


As the weather improves, we look forward to the annual events within the summer term including Sports Day!

If you are interested in being a volunteer to hear readers, please do contact the school to discuss. We are also planning pre-school stay and play sessions so do keep your eyes peeled for more information after the Easter break. We do have spaces in all year groups, welcome to call to make an appointment for a viewing.

Best wishes, Mrs Pipe, Executive Headteacher

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Minty Lamb Cobbler

Ingredients:

900g lamb neck fillets, cut into chunks
 200g smoked streaky bacon, cut into chunks
 1tbsp sunflower oil
 350g shallots, peeled and halved
 4 carrots cut into chunks
 350g small button mushrooms
 2tbsp plain flour
 1tsp chopped fresh thyme
 350ml red wine
 1tbsp Worcestershire sauce
 1tbsp mint sauce
 3 bay leaves
 350ml lamb or beef stock

FOR THE TOPPING:

350g self-raising flour
 2tbsp of finely chopped fresh herbs such as thyme, rosemary and parsley
 200g chilled butter
 3tbsp water
 1 egg

Instructions:

Preheat the oven to 180°C / gas 4. In a casserole dish or pan, fry the bacon in the sunflower oil until it starts to brown, add the lamb and continue frying until the lamb is nicely browned then with a slotted spoon remove to a plate. Next add the shallots, carrot and mushrooms and fry until they start to colour. Add the meat back to the pan along with the flour and stir. Add the red wine, stock, thyme, bay leaves, mint sauce and Worcestershire sauce. If using a pan, transfer to a casserole dish and cover. Cook in the oven for about 1 hour 15 minutes. Whilst the casserole is cooking make the topping. Tip the flour into a bowl with the chopped herbs, season with salt and milled pepper. Add the chilled butter in cubes and rub together until you have a crumb. Add the water and gently bring together to form a soft dough. Lightly roll on a floured surface to about .cm thick, cut out circles using a 7cm cutter. You can re-roll the trimmings gently to make more dumplings. After 1 hour 15 minutes, remove the casserole from the oven and place the dumplings on top. Brush with a little beaten egg or milk and bake for a further 40 minutes until the dumplings are golden. This recipe can also be made using trimmed and diced lamb shoulder or leg.



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Wednesday Coffee Mornings in St Keyne Village Hall



Our Coffee Mornings are a chance to meet other people in our community, whether you are new to the Village or have lived here for a while. Presently only ladies join us although gentlemen would be very welcome. The meetings are held every Wednesday in the Village Hall from 10.30am to 12 noon, please come along and join us, meet your neighbours and have a chat about anything and everything! A range of coffees are available from the Hall's machine and we also provide hot water to make your own tea if required all for the price of £1 and, if you so wish, a small contribution to the Village Halls upkeep. Tracey Mustoe, a podiatrist, visits every 6 weeks during the Coffee Morning and takes bookings to see her privately in the bar area. Her next visit is on Wednesday 21st May. We also have regular visits from our local Police Community Support Officer, Steve Edser, who is happy to discuss any issues or queries regarding matters that might be of concern to you.

He will also arrange a private meeting if that is needed or appropriate. We would be so pleased to see you any Wednesday.



Sally Lewis

Trewidland Local History Group



Four Trewidland Local History Group members visit Kresen Kernow!

"Kresen Kernow ('Cornwall Centre') is home to the world's largest collection of documents, books, maps and photographs related to Cornwall's history. A state-of-the-art archive centre, built in the shell of the former Redruth Brewery, Kresen Kernow opened in 2019."
<https://kresenkernow.org/>

Four members of the Trewidland group made an excursion on the 16th April to spend an afternoon examining documents relating to the northern area of our ward around Gormellick, Housey and Brimboyte.

We had already explored KK's extensive catalogue online and identified a wide range of documents including Maps, Lease documents and Pre-nuptial settlements dating from 1579 – 1985 that we had arranged to examine on our visit to the Archive room.



The afternoon was spent with the documents with Mhairi failing to read the 1579 *Quitclaim, Lands in borough and village of Gormellick*, (it was in Latin!)



Liskeard Repair Café - "If you can carry it, we'll do our best to mend it!"

What is a Repair Café?

We are a friendly group of volunteers, with repair skills in all kinds of fields, who come together once a month to help people make repairs to a variety of items, including clothes, furniture, electrical equipment and appliances, bicycles, crockery, toys, knife & small tool sharpening etc., etc. Also, if you like, you can sit with our repairers and learn new skills or simply get some expert advice. Alternatively you can spend time chatting with others whilst enjoying a free tea or coffee and cake or one of Ian's amazing toasties.

We are part of a nationwide network of Repair Cafes whose aim it is to create a more sustainable future and avoid the unnecessary disposal of items that with a simple repair will give them a new lease of life. But most of all, the Repair Café is a place for people to come together and see how easy and how much fun it is to repair things.

Repairs and refreshments are free, however any donations are gratefully received to help maintain the ongoing costs of running the Repair Café.

Where and when can you find us?

We meet on the 3rd Saturday of each month (**note**: except April & December which are the 2nd Saturday in 2025) from 1pm – 4pm at the Liskerrett Community Centre, Varley Lane, Liskeard, PL14 4AP. There is a small amount of disabled parking at the Centre and plenty of other Pay & Display parking in the town centre.

More Information

You can find out more about us and updates before each Repair Café of what skills are likely to be available on the day on our FaceBook Page, just search for Liskeard Repair Café.

Want to volunteer?

There is always room for more volunteer repairers. If you would like to join us either drop into one of our sessions, send us a message via our FaceBook Page or email liskeardrepaircafe@outlook.com

Dates of the 2024 Repair Cafés – All from 1pm – 4pm

- Saturday 18th January
- Saturday 15th February
- Saturday 15th March
- Saturday 12th April (please note this is the 2nd Saturday and start will be 1:30pm)
- Saturday 17th May
- Saturday 21st June
- NO Repair Café in July & August – we're giving our Repairers a well-deserved break!
- Saturday 20th September
- Saturday 18th October
- Saturday 15th November
- Saturday 13th December (please note this is the 2nd Saturday)

"We look forward to seeing you."

Join Cornwall Scrapstore and Make a Positive Impact!

Cornwall Scrapstore is inviting you to be part of something special! Whether you're a school, community group, artist, or maker, we offer affordable, eco-friendly materials that can bring your creative projects to life while supporting sustainability.

What We Do: At Cornwall Scrapstore, we promote creative reuse by offering a wide range of materials such as

fabric, paper, plastics, and more—all saved from landfill. Our goal is to support creativity and reduce waste in our community.

How to Get Involved:

- **Become a Member:** Access a treasure trove of creative materials for your projects.
- **Visit Us:** We're open every **Tuesday and Wednesday, 10am to 5pm**, plus **the last Saturday of each month**.
- **Get Creative:** Use recycled materials for your artistic, educational, and community projects, helping us promote a greener, more sustainable future.

Why Join Us?

By becoming a member of Cornwall Scrapstore, you'll not only gain access to unique and affordable supplies but also support a thriving community focused on sustainability and creativity.



For more information about membership, fees, and what we offer, please visit our website: www.cornwallscrapstore.co.uk.

Let's create, recycle, and make a difference together!



Ann Lock explored several maps of Gormellick and detailed plans of Trewidland Cemetery showing who is buried in all the graves there (we now have a copy of this!)

Patti Frances examined memoranda of Agreements for Brimboyte

- 1708 for the Lease of 'Bromboit' between John Trelawny, esquire of Coldrenick. and William Foot, gentleman of Veryan;
- 1735 Lease for Brimboyte, Liskeard to Charles Trelawny, esquire of Coldrenick, Elizabeth Foot, widow of William Foot of Bremboyt and John Trehawke, gentleman of Liskeard.
- 1761 Lease between Charles Trelawny, esquire of Coldrenick. Reverend John Antony Foote of Bere Ferris, Devon and John Trehawke, esquire of Liskeard.



Lynda Parcell, in addition to driving us to Redruth, particularly enjoyed exploring and photographing the maps of Gormellick from 1704 (see above) to the 19th Century,

The KK Archive staff were very helpful and the Café on the ground floor provided us with tasty options for lunch.

If you haven't already visited Kressen Kernow, for either family or local history research, we can highly recommend it!

Mhairi Mackie for TLHG



St Keyne and Trewidland Parish Council News

ANNUAL REPORT 2024-25

Welcome to the Chair's Annual Report of the Parish Council
Our former Parish Councillor and Vice Chairman, Peter Higgs sadly passed away in January this year. Peter was best known for his leadership of St Keyne Village Hall and he freely gave his time and energy to the local community over many years. Our sincere condolences are with his family and friends.

Parish Councillor Roger Cook resigned in September, and we wish him well with his other volunteering ventures. We also welcomed Martin Cluer to the Parish Council in November, ensuring we maintain a full complement of nine Councillors.

We are now at the end of the four-year election cycle and the election of our Parish Council has been declared 'uncontested' – that is, not requiring an election – because the number of nominated candidates is not greater than the number of seats.

Our Annual Parish Meeting is on Wednesday 7th May at St Keyne Village Hall at 18.45h

Road Safety

Liaison has continued with Cornwall Council to improve the safety of road users in the Parish. This regular liaison has produced several safety improvements on the B3252 between Horningtops and Bylane End, including: new warning signs on the roadside and on the road surface; speed monitoring exercises by Cornwall Council and the Police; consideration of further safety measures; and a commitment to continued joint discussions.

We also promoted and responded to the Cornwall Council consultation on implementing 20mph zones. We hope many of you also responded! We supported the need for 20mph zones through both St Keyne and Trewidland villages.

Keeping roadside hedges trimmed back before spring is an important safety consideration on our narrow lanes and although most landowners have done so this winter, it is disappointing that a few remain uncut.

The Informer

Our community magazine is now well established – you may well be reading this now in Edition no7. It has proved to be a valuable source of information and celebration of many aspects of our community life. Informal feedback shows that you enjoy reading articles on a wide range of topics and it's great that there are plenty of people volunteering

St Keyne Village Hall



There have been a couple of changes after the AGM for St Keyne Village Hall.

After losing our longstanding chair Peter Higgs to cancer, we have appointed a new chair, Dom Folland, previously the secretary. Lambrini Featherston, you will know her from Messy Church of course, is now our new secretary. Stuart Houghton will remain as our treasurer. Here are the new email addresses for St Keyne village hall.

Our new trustees and contacts are as follows:

Dom Folland as Chairman: Stkeynevhchairman@gmail.com

Lambrini Featherston as Secretary: stkeynevhsecretary@gmail.com

Stuart Houghton as Treasurer: bonzohoughton@yahoo.com

We've had a great opening few months for the hall this year; our events are very well attended with more planned.

Keep your eyes on our Facebook page and website for up coming events and help us with new ideas for the community and hall by answering our polls on our Facebook page.

The hall has now installed direct fibre internet giving us a massive peak speed of 900Mbs; which will help immensely during our busy events and the businesses on the premises.

As you will have read in another article in the informer our solar PV and battery system continues to drive down the costs of electricity and the operating costs for the hall. It provides a fantastic service just like our small band of volunteers; if you would like to help run the hall regularly or from time to time with our events it will always be welcome.

Contact us though Facebook, email or pop in when we're open and have a chat.

Dom Folland



Liskeard

Monday
5:30pm & 7pm

Tuesday
9:30am & 11am

Elaine 07818094119

East Taphouse
Wednesday
5:30pm & 7pm

Thursday
8am & 9:30am

Rach 07463929696

Pensilva

Friday **Saturday**
5:30pm **8am & 9:30am**

Hayley 07966370233

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*When you commit to 12 weeks of group support between 22nd Dec 2024 and 25th Jan 2025. Price shown is RRP. Terms and conditions apply. Visit slimmingworld.co.uk/offers for more information.



articles – keep them coming! A big thank you to our Editors, Patricia Hopwood and Lindsey Ellis.

Local Infrastructure

The Parish Council has invested in several items around the Parish including, among others, a new bench for Jubilee Park; a contract with Biffa to empty public bins; a portrait of King Charles III for each Village Hall; spring bulbs for the grass verges and a 'soldier silhouette' sculpture for the war memorial (in partnership with the Garden Club) and a contribution to the purchase of solar panels for St Keyne Village Hall.

Footpaths

Two new Kissing gates have been installed on the footpath from Lower Town to Lake in Trewidland, in partnership with the new landowner. We are applying to Cornwall Council to amend the 'Definitive Map' of Cornwall by designating a 'Public Right of Way' on a short section of footpath – which we believe has been mistakenly omitted - where it exits onto the road near Lower Reedy Mill. Statements of evidence are being collected from residents who have historically used the footpath. A big thank you to local residents Nikk and Caroline for their help with this.

Housing and Development

Cornwall Council consult the Parish Council on planning matters and we spend a lot of time considering all applications. We have considered eight applications in the past year, plus eleven others which were 'for information'. We also looked at the Cornwall Council 'Call for sites' for the Cornwall Local Plan 2030-50 and responded in detail to their consultation.

Green Team

A 'Green Team' was launched by the Parish Council for everyone in the community who is keen to 'increase biodiversity, improve our use of local and natural resources, connect with nature and tackle the challenges of climate change'. Fifteen people attended the first meeting and a couple of little projects are being developed. The recent successful screening of the acclaimed film, "6 inches of soil" at St Keyne Village Hall, was an idea first discussed by the Green Team.

Finally...

Your Parish Councillors also carry out many other little individual tasks in the community too numerous to mention here. We also work with other volunteers and helpers across our community who freely make a huge contribution to community life through their efforts – thank you everyone!

Kevin Shovelton

The GreenTeam



Power up!

You may have noticed that St. Keyne village hall now has solar panels on its roof. You may not have noticed, however, that battery storage has also been installed, meaning that the hall doesn't need the sun to be shining to be running on 'free' energy! Battery storage, along with most of the technology around renewable energy, has advanced enormously in recent years – and come down significantly in cost. So it is now increasingly possible to gather solar energy during daytime hours and make use of it at other times – for example, during the evening. Chair of the hall Dom Folland (as anyone who knows him will be aware!) has an enormous amount of knowledge on this subject and can, at pretty much any given moment, tell you how much energy is being generated, used or stored – and the numbers are impressive. When I called in to chat with him one sunny Sunday afternoon, he confirmed that the hall was using no energy from the grid; no surprise perhaps on a beautiful day. However, he also says that an event such as the screening of 6" of Soil, which took place on the evening of April 11th also ran for 'free'.

Dom gave me a huge amount of information on the system and I have picked out a couple of key facts that I think illustrate the benefits they have provided.

Firstly, the electricity bills of the hall are around the same as they were three years ago – in other words, the installation has protected the hall from the significant increases in energy bills that we have all seen over the last two years. Installed in the autumn of last year, the system has generated 45% of the hall's electricity over the winter. This figure is already climbing rapidly as the days lengthen and this figure is predicted to increase to at least 65% - possibly as high as 82%. The issue of energy independence is a growing one and one of the upsides of generating your own power is that you have a degree of protection against events in the wider world.

Secondly, Dom told me about an event held at the Village Hall in December. You will probably remember the Sunday in question because the power outage that affected both villages lasted quite a period of time! The planned event was a 90th birthday celebration but, without power overnight, the hall temperature was too low that morning to allow the event to go ahead and cancellation was looking likely.

However, it was a sunny morning and the energy gathered by the panels was enough to start the heating system and begin warming the hall early enough for it to reach the minimum temperature for the event to go ahead. A quick glance upwards when walking around the villages shows that many residents are making use of their

oats, which will hopefully go to biscuit making, as well as powering the central heating in the farm house, were a little slow to come up but are now looking good.

Spring has gotten off to a great start agriculturally but, at a time of the year which usually represents hope for the future, most farmers are struggling to come to terms with repeated government policy hits on the industry and a refusal by ministers to engage and communicate. Like most small businesses, multiple changes to tax and wage rules and, in our case the unannounced halt to environmental schemes, are going to make the future very difficult for some, and almost impossible for others. With little spare cash in the industry to soak up the changes, the shape of the industry and the countryside is likely to change significantly over the next 5 to 10 years. Government is keen for private finance to step into the void and monetise the "natural capital" around us by paying farmers to sequester carbon for them, engage in Biodiversity Net Gain or Nutrient Neutrality schemes to offset the inevitable damage caused by housing and infrastructure developments. But, is the market in place and sufficiently regulated to allow this to happen before significant damage is done to both the food industry and the environment? Time will tell! It does mean that, beyond our current agreements, there is unlikely to be a continuation of the actions like our Winter Bird Food mentioned in the previous newsletter; actions that have made such an obvious improvement to our native birds.

Anthony Ellis



The Farming Diary

As a community that is surrounded by agriculture, but for the most part having little involvement in it nowadays, we thought it might be useful for the people of St Keyne and Trewidland to have a brief insight into the agricultural calendar, how our work changes through the seasons, and why we can be seen doing what we do in the fields. Every farm is unique, and things will happen differently depending on where you look and which farm you drive past but, this is what happens at Pensipple Farm; a small, mixed family farm on the edge of Trewidland.



We had an exciting start to Spring this year with a showing of the award-winning film *Six Inches of Soil* at St Keyne Village Hall. The film follows the story of three new entrants into the agricultural industry as they try to navigate their way through the year and farm in a way that produces food from regenerating soils and ecosystems. After the showing, we had a Q&A session with three members of the production, Ben Thomas (left), one of the three farmers the film follows, farms near Warleggan and produces 100% grass fed beef from his herd of Belted Galloway cattle. He spoke of his grazing management and plans for the future. Matt Chatfield (centre) who farms sheep and sells his mutton direct to restaurants in London and around the Southwest, helped Ben start to graze his woodland in the film, giving the cattle shade and shelter as well as a more diverse diet, allowing them to express their natural behaviours more readily. Finally, Hannah Jones (right) from the Farm Carbon Toolkit, added scientific rigour to the monitoring of Bens farm in the film, measuring soil health and carbon. She has been following the metrics of Bens farm for 4 years. There were some great questions, as well as some challenging comments, from audience members which made for a lively discussion. All grist for the mill!

Food was served by a dedicated group of culinary volunteers, and we were delighted to be able to feature some of our own "Solar Powered Lamb" on the menu.

At home on the farm, lambing is in full swing. With a month of dry weather from mid-March to mid-April, we've not had such good lambing conditions for a number of years (touch wood!!!!). It's a stark contrast to last year which was very tough indeed. The dry spell also meant our spring crops were planted on time and in good conditions. The spring

southerly-facing positions to harness solar energy (although Dom was also very clear that, while south-facing is optimal, modern systems will generate worthwhile amounts of energy in other positions as well). We'd love to hear any feedback you may have regarding how long you have had your panels and your experience of using solar energy to help us guide our developing energy project. What was your installation experience? Has it delivered the energy you hoped/were advised you could expect? Building up a store of information could be really helpful for residents in the future!

We are pleased to say that after three meetings of the Green Team, we are starting to see ideas and projects taking shape!

Firstly, on April 11th, there was a screening of '6" of Soil' at St. Keyne Village Hall, as part of the wider Looe Valley Festival. We had a wonderful turnout of more than 60 people for this event, who were able to enjoy locally-sourced food before the screening and take part in a Q&A session with three of the people who appeared in the film afterwards. The film generated much interest and a wide range of questions from an audience with a variety of thoughts and opinions. All in all, it felt that a real community effort to bring the event together was rewarded by great engagement from the villages (and beyond!). Next, we are working on the details for the establishment of a small Community Orchard in Jubilee Park. We have agreement from Forest for Cornwall (who in February were giving out free trees in Liskeard – maybe you had one yourself?!) to fund these trees. Tree planting season begins again in the autumn and we hope to have plans in place by then ready to put into action. If you have any thoughts on how many trees should be planted, how many, and where they should be planted within the park, we would be very happy to hear from you! A project to 'rewild' an area of the village hall is also developing. The village hall are in support and the Garden Club have agreed to create a plan of what this might look like. We will keep you updated!

Energy is also emerging as an area of interest for the team. You will see elsewhere in this edition our article on the solar panels and battery storage at St. Keyne village hall and we would love to hear from you regarding your experiences of installing renewable power at home, or your barriers to doing so. Any suggestions for future features would also be very welcome.

We will continue to hold meetings approximately every other month. Whether you would like to add your suggestions to any of the developing projects or bring your thoughts for something else entirely, we would love to see you.

Alternatively, you can get in contact via the Green team facebook page, or at greenteam@stkeynetrewidlandpc.org.uk

Martin Cluer

What's on

Regular Events

Monday	Weekly	09.30 - 11.30 17.30 - 21.30	Keltic Kymber Dog Training	Trewidland VH
Tuesday	Weekly	11.45 - 12.45	Post Office	Trewidland VH
Tuesday	Weekly	17.30 - 21.30	Keltic Kymber Dog Training	Trewidland VH
Tuesday	Weekly	14.00 - 16.00	Brench Club	St Keyne VH
Wednesday	Weekly	mornings	Jay Dog Training	Trewidland VH
Wednesday	Weekly	10.30 - 12.00	Coffe Morning	St Keyne VH
Wednesday	Last of the month	19.30 onwards	St Keyne History Group	St Keyne VH
Wednesday	2nd of the month	19.00 onwards	Parish Council meeting	St Keyne VH / Trewidland VH alternate month
Thursday	1st of the month	19.30 onwards	WI	Duloe Jubilee Centre
Thursday	3rd of the month	19.30 onwards	Gardening Club	St Keyne VH
Thursday	Weekly	evening	Karate / Ju Jitsu	Trewidland VH
Friday	1st and 3rd of the month	19.00	Table Tennis	Trewidland VH
Friday	2nd and 4th of the month	19.00	Badminton	Trewidland VH
Saturday	1st of the month		Karate / Ju Jitsu	Trewidland VH

What's on

in the parish

6 May	15.00-16.00	Free Growbag for Primary School Children pick up	St Keyne VH + Trewidland VH
7 May	18.45-19.00	Annual Parish Meeting	St Keyne VH
10 May	14.00	Treasure Trail	Trewidland VH
17 May	10.00	Annual Plant Sale	St Keyne VH
17 May	19.00	Quiz Night	Trewidland VH
21 May	10.30-12.00	Podiatrist during Coffee Morning	St Keyne VH
28 May	15.00	Messy Church	St Keyne VH or Jubilee Park
7 June	10.30-1.00	Big Breakfast	St Keyne VH
29 June	14.00	Cream Tea	Cross Park St Keyne
5 July	11.00-16.00	Summer Fayre	Trewidland VH
2 August	10.30-13.00	Big Breakfast	St Keyne VH